

# **Rock Me Mama**

(a.k.a. Wagon Wheels)

**Choreographed** by Barb & Dave Monroe

**Description:** 32 count, beginner/intermediate partner/circle dance

**Music:** Wagon Wheel by Darius Rucker; I Can Take It From There by Chris Young

**Position:** Cape Position facing LOD

**Start dancing on lyrics**

## **ROCKING CHAIR, JAZZ BOX ¼ TURN**

1-2 Rock right forward, recover to left

3-4 Rock right back, recover to left

5-8 Cross right over, step left back, turn ¼ right and step right side, touch left together

*Now facing OLOD in Tandem/Indian Position*

## **SIDE SHUFFLE, ROCK STEP, SIDE SHUFFLE, ROCK ¼ TURN**

1&2 Chassé side left-right-left

3-4 Cross/rock right behind, recover to left

5&6 Chassé side right-left-right

7-8 Turn ¼ left and rock left back, recover to right (LOD)

## **STEP, SCUFF, STEP ½ TURN, STRUT, STRUT**

1-2 Step left forward, scuff right forward

3 Step right forward

*Bring right arms over lady's head and drop left hands*

4 Turn ½ left (weight to left) (RLOD)

*Right arms behind man's back in hammerlock. Pick up left hands in front of lady*

5-8 Step right toe forward, lower right heel, step left toe forward, lower left heel

## **ROCKING CHAIR, STEP ½ TURN, WALK, WALK**

1-4 Rock right forward, recover to left, rock right back, recover to left

5 Step right forward

*Drop right hands and bring left hands over lady's head*

6 Turn ½ left (weight to left) (LOD)

*Pick up left hands returning to cape position*

7-8 Step right forward, step left forward

**REPEAT**