

# Hip To Be Square

Music: "I'm Not Running Anymore" by John Mellencamp

Choreographer: Unknown

Description: 44 count, 2 wall, beginner/ easy intermediate line dance

Step Sheet Prepared by: Kickin' with Kathy & Billy. [DancinKat67@aol.com](mailto:DancinKat67@aol.com)

## ROCK STEP, SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD

1-2 (Weight starts on LF) Rock R forward, recover L

3&4 R shuffle back (R-L-R)

5-6 Rock L back, recover R

7&8 L shuffle forward (L-R-L)

## SHUFFLE SQUARE

1&2 R side shuffle (R-L-R)

3&4 ¼ Turn left on ball of RF to face 9:00, then side shuffle (L-R-L)

5&6 ¼ Turn left on ball of LF to face 6:00, then side shuffle (R-L-R)

7&8 ¼ Turn left on ball of RF to face 3:00, then side shuffle (L-R-L)

## CROSS ROCK, SHUFFLE ½ TURN, ROCK STEP, SHUFFLE ½ TURN

1-2 Cross rock RF ¼ turn left over LF so you face starting wall (12:00), recover L

3&4 Shuffle ½ turn right (R-L-R) (now facing 6:00)

5-6 L rock forward, recover R

7&8 Shuffle ½ turn left (L-R-L) now back to starting wall (12:00)

## ½ PIVOT, RUN FORWARD, JUMP FORWARD, CLAP, JUMP BACK, CLAP

1-2 R step forward, pivot ½ turn left (weight now on L and facing 6:00)

3&4 Run forward, small steps (R-L-R)

&5-6 Jump forward on LF, touch RF next to LF, clap

&7-8 Jump back on RF, step LF next to RF, clap

## HANDS ON HIPS, HIP BUMPS

1-2 Slap R hand on right hip, slap L hand on left hip

3-4 Bump hips twice to the left, weight is should now be on LF and take hands off of hips

## MONTEREY TURNS

1-2 Point R toe to right side, ½ turn to the right on ball of LF as you bring RF in and step RF next to LF

3-4 Point L toe to left side, step LF beside RF

5-6 Point R toe to right side, ½ turn to the right on ball of LF as you bring RF in and step RF next to LF

7-8 Point L toe to left side, step LF beside RF

SMILE AND BEGIN AGAIN!