



# All Jacked Up

4 Wall High Beginner Line Dance

**32 Counts**

**Choreographer: Christy Fox**

**Email: [ihopcyoudance@telus.net](mailto:ihopcyoudance@telus.net)**

**Music:** All Jacked Up – Gretchen Wilson (189 BPM) – Start on Vocals

**Teach Song:** Rad Gambo -

## **WALK, HOLD, WALK, HOLD, FWD MAMBO, HOLD**

1-2 Step forward right (1), Hold and snap fingers (2)

3-4 Step forward left (3), Hold and snap fingers (4)

5-6 Step forward right (5), Recover weight on left (6),

7-8 Step right back (7), Hold and snap fingers (8)

*More challenging option for counts 5-8  $\frac{1}{2}$  TURN,  $\frac{1}{2}$  TURN HOLD*

5-6 Step forward right (5), Pivot  $\frac{1}{2}$  turn left stepping on left (6)

7-8 Pivot  $\frac{1}{2}$  turn left stepping back on right (7), Hold and snap right fingers (8)

## **COASTER STEP, HOLD, WALK, HOLD, WALK, HOLD**

1-2 Step back left (1), Step right beside left (2)

3-4 Step forward left (3), Hold and snap fingers (4)

5-6 Step forward right (5), Hold and snap fingers (6),

7-8 Step forward left (7), Hold and snap fingers (8)

## **$\frac{1}{2}$ TURN, FORWARD, LOCK, FORWARD, FORWARD, LOCK, FORWARD**

1-2 Step forward right (1), Pivot  $\frac{1}{2}$  turn left stepping on left (1)

3-4 Step right at a diagonal forward (3), lock left behind right (4)

5-6 Step right at a diagonal forward (5), Step left at a diagonal forward (6)

7-8 Lock right behind left (7), Step left at a diagonal forward (8)

## **FORWARD, HOLD, $\frac{1}{4}$ TURN, FORWARD, $\frac{1}{4}$ TURN, FORWARD $\frac{1}{4}$ TURN**

1-2 Step forward on right (1), Hold (2)

3-4 Turn  $\frac{1}{4}$  left and replace weight on left (2), Hold (4)

5-6 Step forward on right (5), Turn  $\frac{1}{4}$  left and replace weight on left (6)

7-8 Step forward on right (5), Turn  $\frac{1}{4}$  left and replace weight on left (8)

***Styling Note:***

*The last two quarter turns are like paddle turns, close to the body so you get the hip action.*

***Styling Note:***

*Add attitude by cross walking instead of walking strait forward,*